

Taking the TCF? Don't Let These Themes Catch You Off Guard 🧐

Here's your must-prep list:

- **Le travail** — jobs, work-life balance, remote work, career change
- **L'éducation** — school, university, exams, online learning
- **La technologie** — AI, smartphones, digital life
- **Les réseaux sociaux** — influencers, screen time, privacy, fake news
- **L'environnement** — pollution, recycling, climate change
- **La santé** — sport, stress, sleep, healthy habits
- **La vie en ville ou à la campagne** — traffic, housing, quality of life
- **Les voyages** — tourism, travelling abroad, cultural discovery
- **L'immigration** — integration, adaptation, cultural differences
- **La consommation** — shopping, advertising, online shopping, money
- **L'alimentation** — fast food, healthy eating, local products
- **Les relations humaines** — family, friendship, neighbours, generations
- **Les médias** — news, misinformation, television, online content
- **Les transports** — cars, public transport, cycling
- **Le logement** — renting, buying, roommates, housing prices
- **La culture et les loisirs** — cinema, books, museums, hobbies
- **Le bénévolat** — helping others, associations, community work
- **Les animaux** — pets, zoos, animal protection
- **Les traditions** — festivals, customs, modern vs traditional life
- **Les nouvelles habitudes de vie** — remote work, delivery apps, online services

Basically: if people argue about it in real life, TCF can probably turn it into a question.

